

Let's Get



mes

Morningside Elementary School

Welcome to the
Class of 2035
From MES Principal

- 2028 End of 5th Grade
- 2031 End of 8th Grade

**Audrey
Softianos**

- What to expect the Kinder Year
- Adjustments and Separations
- Development of independence
- Wonderful World of MES
- Q&A

**Let's
Talk
About...**

During your child's first week of Kindergarten, your child has been

- Getting to know classmates and teachers
- Learning classroom routines and expectations
- Exploring the school building
- Practicing school rules and expectations
- Interacting and working with fellow classmates
- Managing and organizing their supplies
- Discovering that **LEARNING CAN BE LOTS OF FUN!!**

What to Expect..

Kindergarten is a big step in your child's life (and probably yours)!

- The days of naps are long gone! They will learn so many things this year.
- Your child's health, happiness and success are our main goal.
- We will do everything we can to ensure they complete kindergarten with all the right tools and skills.
- Kindergarten is an exciting time for your child, but it can be exhausting!
- Don't be surprised if energy, behavior, or desire to attend school changes.
- It takes time to adjust so just hang in there!

Adjustments and Separations

Kinder Tips:

1. **READ** - Read to your child daily! Reading books will help your little one make connections, process all that they are learning and build the love of reading!
2. **CREATE ROUTINES** - Developing consistent bedtime and morning routines is essential. Create a “goodbye” routine, so your little one knows *exactly* how many hugs you’ll give each other & what to expect each day. “Short Goodbyes, Leave Dry Eyes!”
3. **GET GOOD REST** - Make sure your child gets enough rest. As you are finding, they are very tired at the end of the day. The kids are building resilience, but need proper rest!

Top 10 Tips for Kinder

Kinder Tips:

4. **PREPARE THE NIGHT BEFORE** - If you want the mornings to run smoothly, prepare the night before. Make sure snacks & lunches are packed, clothes are laid out, etc.
5. **SET UP DROP OFF & PICK UP EXPECTATIONS-** - Establish how you do school drop off and pick up (e.g., putting on shoes, getting in car, waving, goodbye etc.) The more routine the better, especially in Pikmykid..
6. **PARTNER WITH THE TEACHER-** Contact the teacher and be open if the teacher calls you. The teacher WANTS to work with you and is eager to get to know you also!
7. **CONNECT WITH HOME** - Family, culture and community are key parts of kindergarten. Also, there are many ways to make connections with your child even if you are not present. (Examples)

Top 10 Tips for Kinder

Kinder Tips:

8. **PRACTICE AT HOME** - Teachers will NOT send home a lot, but what they do send is important in your child's development. Activities are no more than 5 - 10 minutes. Regularly "Foundations" will come home and this is related to the Science of Reading.
9. **LISTEN TO YOUR CHILD** - But... *If you don't believe everything your child tells you about us, we won't believe everything your child tells us about you!* Seriously though, listen to your child - but please contact the teacher if you have any questions!
10. **KNOW WE LOVE YOUR KIDS LIKE OUR OWN**
Your child is in good hands with a teacher who has his or her best interests at heart. If there is any issue, trust that the school will take care of it & call you if needed.

Top 10 Tips for Kinder



Parent Kinder Guides

Kindergarten develops confidence and independence through various learning experiences. We will teach kids:

- To become responsible for organizing and managing learning tools.
- To complete assignments independently and turn them in
- To develop their own original thoughts and ideas
- To ask the teacher for help
- To work with classmates and make new friends

Development of Independence

**Let's Hear
from the
PTA & MESF**

**Wonderful
World of
MES**



DO YOU
HAVE ANY
QUESTIONS?

